



LUNCH

Served daily
11:30 AM-4:30 PM

GREENS

GARDEN SALAD

With mixed greens, tomatoes, cucumbers, green peppers & red onions

CLASSIC CAESAR

Crisp romaine lettuce, Kalamata olives, shaved Parmesan cheese & garlic pumpernickel croutons

BABY SPINACH & GOAT CHEESE

Tossed with fresh strawberries, red onions, dried cranberries & topped with an encrusted goat cheese medallion & light raspberry dressing

ADD TO ANY SALAD

Grilled or Cajun Chicken Breast
Grilled Shrimp Lobster

LAND

CHICKEN CAESAR WRAP

Grilled chicken, crispy romaine lettuce, Parmesan cheese & Caesar dressing

CRANBERRY WALNUT CHICKEN SALAD SANDWICH

Slow roasted chicken breast, cranberries, chopped walnuts & savory vegetables with mayo on a Kaiser roll

CRISPY RANCH CHICKEN SANDWICH

Breaded & lightly seasoned chicken breast, fried & served on a Kaiser roll with Ranch dressing

CALIFORNIA TURKEY WRAP

Roasted turkey breast with avocado, lettuce, sprouts, cheddar cheese & Pico de Gallo

STEAK & CHEESE

Served with grilled onions & peppers, Jack cheddar cheese on a sub roll

BLACK ANGUS BURGER

Served with lettuce, tomatoes & your choice of cheese:
American, Jack Cheddar, Provolone or Swiss

STARTERS

SALT CRUSTED FRIED SHRIMP

Jumbo sized & crispy with a cucumber dill sauce

BACON WRAPPED SEA SCALLOPS

Apple smoked bacon with a maple syrup glaze

CHICKEN QUESADILLA

Flour tortilla filled with grilled chicken & topped with Jack cheddar cheese, black olives, Jalapeños, scallions, tomatoes, salsa & sour cream

SURF POINT NACHOS

Fresh baked tri colored tortilla chips with olives, Jalapeños, tomatoes, scallions & smothered with Jack cheddar cheese, salsa & sour cream

Add Guacamole

CALAMARI

Golden fried with a spicy marinara sauce

CHICKEN TENDERS

Served with French Fries

GARLIC HUMMUS PLATE

Housemade hummus with tomatoes, cucumbers, Kalamata olives & pita wedges

SEA

FRIED HADDOCK SANDWICH

Breaded & herbed fish fillet, fried & served on a Kaiser roll with lettuce & tomatoes

LOBSTER ROLL

Fresh Maine lobster mixed lightly with mayonnaise & celery or served undressed with drawn butter on a grilled bun with lettuce

SPICY SHRIMP WRAP

Chilled garlic & spicy herbed shrimp, spring salad mix, tomatoes with a spicy siracha mayonaise

GARDEN

PORTOBELLO WRAP

Grilled portobello mushroom, roasted red pepper, spring mix & garlic hummus

GRILLED GARDEN BURGER

Served with a roasted red pepper coulis

SOUP

CLAM CHOWDER

A traditional New England chowder

ALL LAND, SEA & GARDEN ITEMS
ARE SERVED WITH A SIDE OF
FRENCH FRIES

NO SUBSTITUTIONS ON ANY MENU ITEMS
Thank you!

LITTLE SAILORS'

GRILLED CHEESE

Oozing with American with fries

HOT DOG

On a grilled bun with fries

CHEESE PIZZA

Thin crust personal pizza square

PB & J

A classic with grape jelly

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES IN ADVANCE

Not all items listed in menu descriptions. Consuming raw or undercooked meats & seafood may increase your risk of food borne illness.